





# November SCCC Senior Lunch Menu



<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>APPROVED BY A REGISTERED DIETICIAN</b></p> <p><b>SENIORS 60 AND UP \$2.00</b></p> <p><b>UNDER 60 AND ALL TO GO ORDERS \$4.50</b></p>	<p><b>MILK, COFFEE, WATER &amp; TEA SERVED DAILY</b></p> <p><b>MENU SUBJECT TO CHANGE-</b></p> <p><b>Approved by Dietician</b></p>			<p><b>1</b></p> <p><b>BBQ W/ SLAW</b></p> <p><b>POTATO SALAD</b></p> <p><b>FRUIT</b></p>
<p><b>4</b></p> <p><b>PIZZA</b></p> <p><b>CHIPS</b></p> <p><b>SODA</b></p> <p><b>FRUIT</b></p>	<p><b>5</b></p> <p><b>TACO TUESDAY</b></p>	<p><b>6</b></p> <p><b>PINTO BEANS</b></p> <p><b>CORNBREAD</b></p> <p><b>FRUIT</b></p>	<p><b>7</b></p> <p><b>HAMBURGER</b></p> <p><b>CHIPS</b></p> <p><b>BAKED BEANS</b></p> <p><b>CHIPS</b></p>	<p><b>8</b></p> <p><b>BROCCOLI CHEESE</b></p> <p><b>SOUP</b></p> <p><b>BAKED POTATO</b></p> <p><b>FRUIT</b></p>
<p><b>11</b></p> <p><b>CLOSED!!</b></p> <p><b>VETERANS DAY</b></p> 	<p><b>12</b></p> <p><b>TURKEY &amp; SWISS WRAP</b></p> <p><b>TOMATO SOUP</b></p> <p><b>FRUIT</b></p>	<p><b>13</b></p> <p><b>CHILI</b></p> <p><b>CHEESE STICK</b></p> <p><b>CRACKERS</b></p> <p><b>FRUIT</b></p>	<p><b>14</b></p> <p><b>CHICKEN SANDWICH</b></p> <p><b>FRIES</b></p> <p><b>FRUIT</b></p>	<p><b>15</b></p> <p><b>COOKS CHOICE</b></p>
<p><b>18</b></p> <p><b>HOT HAM &amp; CHEESE</b></p> <p><b>CHIPS</b></p> <p><b>FRUIT</b></p>	<p><b>19</b></p> <p><b>CHEF SALAD</b></p> <p><b>FRUIT</b></p>	<p><b>20</b></p> <p><b>TUNA SALAD</b></p> <p><b>ON CROISSANT</b></p> <p><b>FRIES</b></p> <p><b>FRUIT</b></p>	<p><b>21</b></p> <p><b>THANKSGIVING</b></p> <p><b>LUNCH</b></p> 	<p><b>22</b></p> <p><b>BREAKFAST</b></p> <p><b>FOR</b></p> <p><b>LUNCH</b></p>
<p><b>25</b></p> <p><b>FISH SANWICH</b></p> <p><b>SLAW</b></p> <p><b>FRIES</b></p> <p><b>FRUIT</b></p>	<p><b>26</b></p> <p><b>SPAGHETTI</b></p> <p><b>SALAD</b></p> <p><b>GARLIC BREAD</b></p> <p><b>FRUIT</b></p>	<p><b>27</b></p> <p><b>BAKED STEAK</b></p> <p><b>MASHED POTATOES</b></p> <p><b>GLAZED CARROTS</b></p> <p><b>ROLL/FRUIT</b></p>	<p><b>28</b></p> <p><b>CLOSED</b></p>	<p><b>29</b></p> <p><b>CLOSED</b></p>