











January 2020

SCCC Senior Menu 304-744-4731

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MEALS WITH ICED TEA, WATER AND 2% MILK	60YRS & OLDER \$2 ALL OTHERS \$4.50 ALL TO GO MEALS \$4.50		1 Building Closed Happy New Year!	2 CHEF SALAD BOILED EGGS CRACKERS FRUIT	3 SLOPPY JOES SLAW FRIES FRUIT	4 
5 	6 HOT ROAST BEEF W/CHEESE FRIES FRUIT	7 KEILBASA W/CABBAGE NEW POTATOES CORN BREAD FRUIT	8 LASAGNA SOUP GARLIC TOAST SIDE SALAD FRUIT	9 MEATLOAF MASHED POTATOES GREEN BEANS ROLL	10 FISH SANDWICH SLAW FRIES FRUIT	11 
12 	13 CHEF SALAD BOILED EGG CRACKERS FRUIT	14 HAMBURGER VEGGIE SOUP CHEESE STIX CORNBREAD FRUIT	15 CHICKEN CASSEROLE MASH POTATOES CORN ROLL & FRUIT	16 BEANS CORNBREAD GREENS FRUIT	17 BREAKFAST FOR LUNCH	18 
19 	20 Holiday  <u>Dr. Martin Luther King, Jr.</u>	21 CHEF SALAD BOILED EGGS CRACKERS FRUIT	22 BIRTHDAY LUNCH HAPPY BIRTHDAY	23 CHILI BAKED POTATO CHEESE STICK CRACKERS	24 TUNA SALAD ON CROISSANT CHIPS FRUIT	25 
26 	27 PIZZA CHIPS SODA FRUIT	28 POTATO SOUP BOLOGNA & CHEESE CRACKERS FRUIT	29 TACO SALAD MEXICAN CORN FRUIT	30 BAKED STEAK MASHED POTATOES SWEET CARROTS ROLL FRUIT	31 HOT DOG CHILI/SLAW BAKED BEANS CHIPS FRUIT	